Pastor Dave Teixeira
February 7, 2010
Matthew 6:25-34
"Worry"

Please use the space below to take notes on today's message:

Take It Homework

We encourage you to not only do these exercises on your own, but also with a group of friends, co-workers, neighbors, small group or family members.

This is one of those weeks where I sort of feel like I shouldn't really write a bunch of questions. Just talk about the sermon. Talk about worry and stress and fear and anxiety in your life. Talk about trusting God and ways you could trust Him more. Talk about what Jesus says about worry, and then pray for each other. For those of you who like a bit more structure…

- What causes worry in your life right now? Why?
- How do you deal with worry? What helps ease your mind and bring peace?
- What is something you worried about in the past? How did that turn out? Was it worthy worrying about?

Read Matthew 6:25-34. In this passage Jesus is teaching that we don't have to worry—that worry is not good. It doesn't glorify God and is not part of the Kingdom life He offers.

- What are some of the points Jesus makes about worry and what is He trying to communicate?
- What are some of the objections you could (or maybe want to) raise about what Jesus is saying here?
- What might be some interpretations of this passage that do not reflect what Jesus is trying to say? In other words, how might someone misapply this teaching?

We notice that Jesus offers this teaching on "worry" immediately following His teaching on "storing up treasures in heaven."

- What is the significance of this? When you combine these two teachings, how do they apply to your life?
- What is something you will change, do differently, start, stop or tweak as a result of this week's teaching?