Pastor Dave Teixeira
July 5, 2009

A Rejoicing Heart

Please use the space below to take notes on today's message:

Take It Homework

We encourage you to not only do these exercises on your own, but also with a group of friends, co-workers, neighbors, small group or family members.

Perhaps the quality I long for most as I look at the life of David, is his heart full of joy. It wasn't just random joy, but joy in the Lord. David found joy in the close, comforting presence of God.

- Besides God, who or what brings your heart joy? (Not just momentary glee, but lasting happiness)

I'm guessing, this question brought relationships to mind. Maybe kids, grandkids, friends, cousins, your husband or wife...

- Why do you think relationships are such a significant source of joy?

- Now, as you think about your relationship with the LORD, on a scale of 1-10, how much joy do you find in that relationship? Why did you choose that number?

- If you're like me, that number can fluctuate a lot. What is it that brings that number down in your life, and what is it that brings it up?

- In the story from this week's sermon, David stops every six steps to remember and recognize God. What are some regular ways that you could or do continue to remember and recognize God in your life?

Finally, we have to talk about jealousy. It's a bummer, but we all deal with it. Most of the time when we think of jealousy, we think about tangible things people possess that we don't. But often jealousy stems from someone else having joy when we don't. In 2 Samuel 6:16, that is exactly what Michal faces. David is filled with joy and instead of rejoicing with him, she chastises him out of jealousy.

- Have you ever experienced this? From either side?

- How does David respond and what does that teach you?